## CEYLON VANILLA RECIPE THE SWEET LATTE

## **INGREDIENTS - Serves 1**

- Ceylon with vanilla (15 ml / 1 tbsp / 1 teabag)
- Boiled water (125 ml)
- Frothed / steamed milk (125 ml)
- Vanilla-flavoured syrup / vanilla extract (to taste)
- Sugar (to taste)

## DIRECTIONS

- Brew your ceylon vanilla tea about twice the strength of your usual blend
- Add tea and milk to a saucepan
- Warm on medium for 3 minutes until the tea has infused in the milk
- Add a little of vanilla flavour and/or sugar if you have a sweet tooth
- Serve into a cup and top with a little whipped cream if you fancy



